

**Bereaved Families of Ontario-Toronto
Professional Referral List August 2009**

*This list is provided for the information of our clients. Credentials for individuals have been reviewed.
BFO-Toronto cannot attest to the quality of any individual service.*

NAME/LOCATION	PROF.EXP/ ASSOC.	HRS./LANG./\$/ACC	SPECIALTY AREA	DESCRIPTION/ APPROACH
Douglas Amonite 103-62 Charles St. East (Yonge and Bloor) Toronto, ON M4Y 1P1 416-466-4142 dougonite@yahoo.com	Master of Art- Psychotherapy Training in Solution Focused, Psycho- Educational, and Cognitive Behavioral therapies OACCPP	Monday to Saturday English Sliding Scale \$115 per hr. Wheelchair Accessible	Individuals and couples Available for workshops Grief and bereavement, loss, terminal illness, sexual orientation, relationships	Short and long term psychotherapy Integrative approach combining: Psycho- dynamic, Solution Focused, Psycho- Educational and Cognitive Behavioral art-psychotherapy
Dr. Leslie Balmer 403-18 Kensington Road Bramalea Medical Centre Brampton, ON L6T 4S5 905-793-8858 info@fvb-psychologists.com	PhD C Psych.	9:00am - 6:00pm English Sliding Scale Wheelchair accessible	Children, adolescents, young adults, couples, families	Psychotherapy
Anna Bodnar 290 St Clair Avenue West Toronto, ON M4V 1S3 416-765-2141 www.anabodnar.com	PhD C Psych. CPO, OSP	9:30am - 6:30 pm English, Spanish, French & Hungarian Sliding Scale \$110 - \$130 per hr. Wheelchair accessible	Anyone bereaved. Special experience with individuals from the Latin American, Aboriginal, Jewish & Indian communities.	Short or long term Experience with all groups especially suicide & bereavement, crisis intervention, trauma and critical incident debriefing
Marilyn Boynton 204 St. George St. (St. George & Bloor) Toronto, ON M5R 2N5 416-960-6486	M Ed, RN OAMFT, AAMFT	10:00am – 4:00pm English Sliding Scale \$160 per hr.	Adolescents, young adults, adults, couples, seniors, families, individuals. Experience with all groups and special experience with Jewish and Italian individuals.	Short and long term

<p>Annette Bradshaw Toronto Healing Arts Centre 717 Bloor Street W. (at Christie) Toronto, ON M6G 1L5 416-466-1417 www.annettebradshaw.com</p> <p>annettebrad@yahoo.ca</p>	<p>MA C Psych., B.Sc Psych. CAPT</p>	<p>Mon-Sat , including some evenings</p> <p>English</p> <p>Sliding scale \$100-\$125 per hr. Free initial consultation.</p>	<p>Young adults, adults, couples.</p>	<p>Short and long term. Several modalities available as indicated by clients’ issues and history. Diverse practice.</p>
<p>Cher Curshen 464 Roxton Road Toronto, ON M6G 3R4 416.888.8852</p>	<p>Expressive Arts therapist. OACCPP</p>	<p>Flexible hours</p> <p>English</p> <p>Sliding Scale</p>	<p>Anticipatory grief, death, dying, anyone bereaved, “weaving together” family grief approach, children, individuals, couples, families</p>	<p>Short or long term- Experiential focused. “weaving together family, client-centred approach through creativity.</p>
<p>Douglas Daher 1000 Yonge Street Lower Level 2 (Yonge & Bloor) Toronto, ON M4W 2K2 416-413-0638</p> <p>dougdaher@gmail.com</p>	<p>PhD, C.Psych CPO, OPA, APA</p>	<p>Thursdays and Fridays, early morning through late afternoons</p> <p>English</p> <p>Sliding scale spots available,</p> <p>\$180 Wheelchair accessible</p>	<p>Any bereaved individual Experience with university populations and gay/lesbian communities</p>	<p>Short-term counseling and long-term psychotherapy</p>
<p>Eliza Fernandes 113 Concord Avenue (College & Ossington) Toronto, ON M6H 2P2 416-898-6714</p> <p>elizafern@hotmail.com</p>	<p>MSW, RSW OASW, OCSWSSW</p>	<p>Mon-Fri 9am-6pm</p> <p>English and Portuguese</p> <p>\$80 per hr, covered by some insurance policies</p> <p>Not wheelchair accessible</p>	<p>Bereaved of all ages</p>	<p>Short and long term psychotherapy, client-centered approach integrating narrative, solution-focused and cognitive behavioural modalities</p>
<p>Pamela Fitzgerald Suite 10-80 Carlton St. (Yonge & College) Toronto, ON M5B 1L6 416-926-0905</p>	<p>RN, BA Psych., CTS, MA C Psych., CH, OCN,OACCPP, OATSS,OSP, ADEC</p>	<p>9:00am - 7:00pm</p> <p>English</p> <p>Sliding Scale</p> <p>Not wheelchair accessible</p>	<p>Bereaved adults: spouses, parents, adolescents, gay & lesbians, individuals and families.</p>	<p>Grief & trauma, healing short or long term psychodynamic, holistic, cognitive-behavioural, spiritual, hypnosis, energy work</p>

<p>Stephen Fleming 403- 18 Kensington Road Bramalea Medical Centre Brampton, ON L6T 4S5 905-793-8858</p> <p>info@fvb-psychologists.com</p>	<p>PhD C Psych. CPO, OPA, APO, ADEC</p>	<p>9:00am - 6:00pm English</p> <p>Sliding Scale</p> <p>Wheelchair accessible</p>	<p>Young adults, adults, couples, individuals</p>	<p>Psychotherapy</p>
<p>Esther Gelcer 360 Bloor St. East (Bloor & Sherbourne) Toronto, ON M4W 3M3 416- 928-3179</p>	<p>PhD C Psych. CPO, APA</p>	<p>9:00am - 5:00pm</p> <p>English</p> <p>Sliding scale \$ 185 per hr.</p> <p>Elevator</p>	<p>Anyone bereaved Diverse practice</p>	<p>Short term & ongoing</p>
<p>Linda Gruson 28 Vesta Drive (Spadina & St. Clair) Toronto, ON M5P 2Z5 416- 967-0867</p> <p>Moving to 400-3335 Yonge St. Toronto M4N 2M1 Sept/09 lgruson@rogers.com</p>	<p>Ph.D C. Psych, OPA,CPO</p>	<p>Mon- Thurs 9:00 a.m. – 6:30 p.m. Tues to 9:00 p.m. Fri mornings</p> <p>English</p> <p>\$100 - \$170</p>	<p>Anyone bereaved Diverse practice</p>	<p>Three to twelve months for bereaved Cognitive behavioural approach.</p>
<p>Zena Havelock 3- 745 Steeles Ave. W. North York, ON M2R 2S5 416-225-4545</p> <p>zenhavelock@rogers.com</p>	<p>MSW, RSW, CSW, OASW,OCSWSSW</p>	<p>Flexible hours incl. weekend</p> <p>English \$90.00 per hr maximum</p>	<p>All ages, experience with disabled, chronic illness, palliative care. Multi-cultural practice</p>	<p>Short term, long-term, client-centered systems theory.</p>
<p>Sarah Henderson 28 Madison Ave Toronto, ON M6P 2M3 647-274-6366</p>	<p>MA OACCPP</p>	<p>Flexible hours Some evening and weekend appointments available</p> <p>English</p> <p>Sliding Scale</p>	<p>Diverse practice</p> <p>Specific experience with bereaved youth, children and families</p>	<p>Short and long-term therapy</p> <p>Integrative approach to psychotherapy; including narrative, interpersonal and expressive arts based interventions.</p>

<p>Mavis Himes 554 Spadina Cres. Toronto, ON M5S 2J9 416-969-8706</p> <p>mhimes@interlog.com</p>	<p>PhD C Psych. OPA, CPO</p>	<p>9:00 a.m.-6:00 p.m. evening hours available English, French</p> <p>Sliding Scale</p>	<p>Anyone bereaved , children, adolescents, adults, families, individuals</p>	<p>Short, long term psychotherapy. Family work with children.</p>
<p>Mahboubeh Katirai 28 Madison Avenue (Bloor & Spadina) Toronto, ON M5R 2S1 416-691-3547</p> <p>mkatirai@therapist.net</p>	<p>BA, MA, CPT OSP</p>	<p>8:00am - 4:00pm</p> <p>English. Farsi, Dari</p> <p>Accessible bldg.</p>	<p>Grief, relationships, identity issues, sexuality, trauma survivors. Experience with immigrant & refugee communities, youth/adult, gay & lesbian, various faith communities and trauma & torture.</p>	<p>Brief therapy, ongoing, feminist psychotherapy, relational psychotherapy.</p>
<p>Arlette Lefebvre Physical Disability Team Dept. of Psychiatry Hospital for Sick Children 555 University Ave. Toronto, ON M5G 1X8 416-813-7656 ex.4266 Veronica Romano 416-813- 6582 (Intake)</p> <p>veronica.romano.sickkids.ca</p>	<p>MD, FRCP, OMA, RCPSC, CACP</p>	<p>Flexible</p> <p>English</p> <p>\$100 per session/Sliding Scale</p>	<p>Bereaved parents or children & anticipated bereavement in family.</p>	<p>Consultation, short term, some long term.</p>
<p>Eleanor Levine 168 Borden Street (Bathurst & Harbord) Toronto, ON M5S 2N3 416-535-0065</p> <p>elliejmz@sympatico.ca</p>	<p>BA, MSW, RSW OASW, OCSWSSW</p>	<p>Flexible</p> <p>English, French, Hebrew</p>	<p>Bereaved adults.</p>	<p>Initial assessment followed by individual and family therapy.</p>

<p>Liana Lowenstein Mailing Address: c/o Shoppers Drug Mart PO Box 91012 2901 Bayview Avenue Toronto, ON M2K 1H0 Office Location: (Bathurst & Wilson) 416-575-7836</p> <p>liana@globalserve.net</p>	MSW, RSW, CPT-S	<p>Mon-Fri. 8am-8pm</p> <p>English</p> <p>\$80 some sliding scale</p>	<p>Bereaved children, Traumatized children. Families.</p>	Play therapy short and long-term.
<p>Joan Montgomerie 1000-120 Eglinton Ave. E. (Yonge & Eglinton) Toronto, ON M4P 1E2 416-488-9793</p> <p>jmontgo@sympatico.ca</p>	MDiv. CCC, CCA, OACCPP	<p>Flexible hours</p> <p>English</p> <p>Covered by most extended benefits packages; otherwise, negotiable</p> <p>Wheelchair accessible</p>	<p>Any bereaved adult</p> <p>Experienced in Hospital chaplancy</p> <p>Includes multicultural interfaith practice</p>	Client-centered approach, short term or ongoing.
<p>Dr. Robert T. Muller 3rd Floor 114 Maitland St. (Yonge & Wellesley) Toronto, ON M4Y 1E1 416-939-6491</p>	PhD C Psych.	<p>Flexible</p> <p>English, Limited Russian & French</p> <p>Sliding scale \$90 covered by most health care plans</p> <p>Wheelchair accessible</p>	<p>All bereaved. Experience in Francophone, gay/lesbian, Jewish and disabled communities.</p>	Psychotherapy for individuals, couples & families. Play therapy for children.
<p>Gloria Murrant 664 Broadview Ave. (Danforth & Broadview) Toronto, ON M4K 2P1 416-289-2297</p> <p>gmurrant@symptico.com</p>	BSW, RSW, MA, DCTP OCSWWSSW, OSP, CAPT	<p>Daytime Tuesday-Friday</p> <p>English</p> <p>\$95 per hr. sliding scale</p> <p>Not wheelchair accessible</p>	<p>All bereaved adults. Anticipatory grief, terminal illness, suicide, chronic illness, spiritual issues etc.</p>	Psychodynamic psychotherapy
<p>Pam Rosmarin 207-204 St. George Street. Toronto, ON M5R 2N5 416-961-0936</p> <p>pamros@roger.com</p>	MSW, RSW	<p>Mon-Sat.</p> <p>English</p> <p>Sliding scale \$90</p> <p>Not wheelchair accessible</p>	<p>Adults, young adults bereaved, loss of children, spouse, parents. Gay/lesbian partners.</p>	Short or long term Analytical oriented psychotherapy, psycho -education, supportive therapies

<p>Dr. Barbara Schogt 414-200 St. Clair Ave. W. (Avenue Rd. and St. Clair) Toronto, ON M4V 1R1 416-962-6600</p>	<p>MD, FRCP(C), completed psychoanalytic training RCPSC, OMA, CPSO</p>	<p>9:00am – 6:00pm English Sliding scale \$65- \$90</p>	<p>General Psychotherapy Practice addressing a wide range of issues including grief</p>	<p>Ongoing and Brief Psychotherapy Insight-oriented, psychodynamic approach in addition to drawing on other approaches</p>
<p>Nancy Shepherd 215-348 Danforth Ave. (Broadview & Danforth) Toronto, ON M4K 1N8 416-347-1444</p>	<p>MA, MEd OACCPP</p>	<p>Mon-Sat. including evening English \$90 sliding scale Not wheelchair accessible</p>	<p>Anyone bereaved. Lesbian and gay positive. Grief, acute and terminal illness, palliative care, caregiver stress.</p>	<p>Long-term and brief Gestalt therapy (experiential, including psychodrama)</p>
<p>Rev. Sky Starr Higher Healing Counselling Services 100 E – 3800 Steeles Avenue West (North York) Woodbridge, ON L4L 4G9 647-724-5114 sky@higherhealingcounselin g.com</p>	<p>MDiv, BRE,CPC Training in Accelerated Experiential Dynamic Psychotherapy OACCPP AAMFT OAMFT</p>	<p>Mon-Fri 9:30 am-5:30 pm English Sliding Scale Wheelchair accessible</p>	<p>Individual, group, family Anyone bereaved</p>	<p>Short term and on-going psychotherapy Eclectic approach Addictions, Grief bereavement, Pastoral, Infant Loss</p>
<p>Betty R. Stockley 1210-123 Edward Street (University & Dundas) Toronto, ON M5G 1E2 416-591-7672 betty@on.aibn.com www.bettystockley.yip.ca</p>	<p>BA., M.Ed., CBT, BCETS, CPT-S ADEC, OSP, OAMFT, AAMFT, AAETS</p>	<p>Mon-Fri 9am-9pm Sat & Sun emergency appointments English \$125 per hr</p>	<p>Individuals and families, all ages Grief counseling Family Mediation Trauma counselling Cross-cultural issues Addictions</p>	<p>Short and long term, client-centered, spiritual, narrative and cognitive therapy Groups available for Trauma and Bereavement.</p>
<p>Agnes Struik 175 Hampton Ave. Toronto, ON M4K 2Z3 (Danforth & Chester) 416-778-7790</p>	<p>MA, CPT-S, CPS Arts therapy training OACCPP</p>	<p>9:00am – 6:00pm English sliding scale \$65- \$90 per hr Not accessible, no elevator</p>	<p>Children, adolescents & adults, couples & families Specialty with native populations & diversity & gays & lesbians.</p>	<p>Short or long term</p>

<p>Jutka Tomlinson Upper Village Counselling Centre 1020 Eglinton Avenue W. Toronto, ON M6C 2C5 416- 391- 5747 ex.23</p>	<p>MA, Diploma in Child Counselling APA, OACCPP</p>	<p>Weekdays only, early & late appointments may be available English</p> <p>Sliding Scale \$100 per hr.</p> <p>Not accessible, no elevator</p>	<p>Bereaved all ages Experience with diverse cultural backgrounds.</p>	<p>Primarily developmental focused on growth oriented model, tailored to client</p>
<p>Lysa Toye Toronto Healing Arts Centre, 717 Bloor St. W. Toronto, ON M6G 1L5 (Bloor and Christie) 416-538-2793</p> <p>lysa.toye@gmail.com</p>	<p>MSW, Diploma in Expressive Arts Therapy, OASW, CHPCA, ADEC</p>	<p>Wednesdays 5-8 pm Fridays 9am – 5 pm</p> <p>English</p> <p>Sliding scale, \$90 per hr</p> <p>Wheelchair accessible</p>	<p>Bereaved all ages, anticipatory grief</p>	<p>Short and long-term counseling and psychotherapy. Client-centered integrative perspective including expressive arts, psychoeducation, spiritual, and relational psychodynamic approaches</p>
<p>Olga Van Kranendonk The Centre 316 Dupont Street (Spadina & Dupont) & 194 Garden Avenue, 2nd floor (Queen & Roncesvalles) 647-406-2789</p>	<p>BA (Music), CPT CAPT</p>	<p>Weekdays and evenings</p> <p>English</p> <p>Not wheelchair accessible</p>	<p>All bereaved adults, adoption issues</p>	<p>Short and long-term psychodynamic psychotherapy</p>
<p>Esther Welsh 312- 586 Eglinton Ave. E. (Eglinton & Bayview) Toronto, ON M4P 1P2 416- 449-2748 or 416-222-7599</p>	<p>MSW, RSW CSWSSW</p>	<p>9:00am -7:00pm some Saturday mornings</p> <p>English</p> <p>\$80 per hr, \$70 per hr. for single moms & seniors</p> <p>Wheelchair accessible</p>	<p>Individual, couple, family, children. Experience with many cultures.</p>	<p>Individualized client focused, depending on need, multi-modal.</p>
<p>Liz White 25 Keewatin Ave (Yonge & Eglinton) Toronto, ON M4P1Z9 416-481-3738</p> <p>lizwhiteinaction@rogers.com</p>	<p>MEd, OSP,</p>	<p>Mon-Fri 8:30am-7:00pm</p> <p>English</p> <p>Sliding Scale: \$100 per hr</p>	<p>Any bereaved adult. Experience with various ethno-cultural groups & religious groups.</p>	<p>Short or long term relational therapy, psychodrama</p>

<p>David Wright 204 St. George St (St. George & Bloor) Toronto, ON M5R 2N5 416-960-6486</p> <p>david.a.s.wright@sympatico.com</p>	<p>BA, MDiv, RPT, CPS Certified Imago Relationship Couple Therapist</p>		<p>Individual and couple psychotherapy and counselling.</p>	<p>Short or long term psychotherapy. Psychoanalytic, self-psychological perspective.</p>
<p>Jane Young-On 18 Centre Street Thornhill, ON L4J 1E9 (Yonge & Centre) 416-904-8091 jyoungon@rogers.com</p>	<p>BA, MA OACCPP, CHPCA, CAPO</p>	<p>Mon-Fri (flexible)</p> <p>English</p> <p>Sliding Scale</p> <p>Thornhill location wheelchair accessible</p>	<p>Individual therapy for adults. Critical illness, palliative care, general bereavement Adoption Trauma</p>	<p>Client-centered short and long-term psychotherapeutic support. Cognitive Behavioural intervention as needed</p>

If finances are a barrier for people to access professional counselling, let the therapist know this in order to discuss their “sliding scale” fees. Another option is to access student therapists in training who are able to offer reduced fees for services.

You can contact the following for more information:

Gestalt Institute
194 Carlton Street
(416) 964-9464 mailbox 63 (\$25 per session)

Centre for Training in Psychotherapy (CTP)
316 Dupont Street
416-964-7919 (ask for student referral)

A supervisor will meet with you to do an assessment and find a therapist that is a good fit for you. Cost is \$30 per session or negotiable for a therapist in supervision, or faculty therapists at full rate.

Explanation of Terms:

Education/Training		Associations/Regulatory Bodies	
BA	Bachelor of Arts	AAETS	American Academy of Experts in Traumatic Stress
BA Ed	Bachelor of Education	AAMFT	American Association for Marriage and Family Therapy
BRE	Bachelor of Religious Education	AAHCP	American Academy of Home Care Physicians
CBE	Certified Bereavement Educator	ACBT	Academy of Cognitive Behaviour Therapy
CBT	Certified Bereavement Therapist	ADEC	Association of Death Education & Counselling
CCC	Certified Canadian Counsellor	APA	American Psychological Association
CCW	Certified Childcare Worker	CACP	Canadian Academy of Child Psychology
CH	Certified Hypnotist	CAPO	Canadian Association of Psychosocial Oncology
CPS	Certified Psychotherapy Supervisor	CAPT	Canadian Association of Psychodynamic Psychotherapists
CPT	Certified Psychotherapist	CCA	Canadian Counselling Association
CPT-S	Certified Play Therapy and Play Therapist Supervisor	CHPCA	Canadian Hospice Palliative Care Association
CSW	Certified Social Worker	CPA	Canadian Psychological Association
CT	Certified Thanatologist	CPO	College of Psychologists of Ontario
CTS	Certified Trauma Specialist	FRCP	Fellow of the Royal College of Physicians
DCTP	Diploma Centre for Training in Psychotherapy	OACCPP	Ontario Association of Consultants, Counsellors, Psychometrists & Psychotherapists
MD, FRCP	Psychiatrist	OAMFT	Ontario Association for Marriage and Family Therapy
MDiv	Masters of Divinity	OASW	Ontario Association of Social Workers
MEd	Masters of Education	OATSS	Ontario Association of Trauma & Stress Specialists
MEd CPsych, MC or MA	Masters of Counseling Psychology	OCN	Ontario College of Nurses
MSW	Masters of Social Work	OCSWSSW	Ontario College of Social Workers & Social Service Workers
PhD CPsych	Certified Psychologist	OMA	Ontario Medical Association
RN	Registered Nurse	OPA	Ontario Psychological Association
RPT	Registered Psychotherapist	OSP	Ontario Society of Psychotherapists
RSW	Registered Social Worker	RCPSC	Royal College of Physicians & Surgeons of Canada

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